

Campus Run/Walk Map

Distances of Loops

- 2.44 miles
- 1.32 miles
- .9 miles
- 1.76 miles
- 3.61 miles

Nutrition and Exercise Resources

Penn State Food Services Menus:

Menu.hfs.psu.edu

Penn State Campus Recreation:

Studentaffairs.psu.edu/recreation/

Penn State Active Lions Phone App:

Sites.psu.edu/paphlab/penn-state-active-lions-project/

ChooseMyPlate.gov

MapMyRun.com

healthy
PENN STATE[®]
healthypennstate.psu.edu

University **HealthServices**

<http://studentaffairs.psu.edu/health>

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